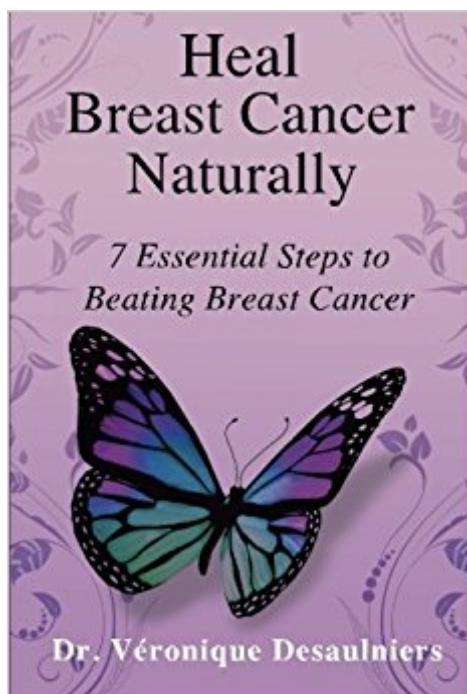


The book was found

# Heal Breast Cancer Naturally: 7 Essential Steps To Beating Breast Cancer



## Synopsis

One out of eight women will be diagnosed with Breast Cancer. One out of 3 women will experience some form of cancer in their life time. I was one of those statistics even though I was living a healthy lifestyle that consisted of organic foods, regular exercise, massage, Chiropractic care and colonics. How could somebody like me develop Breast Cancer? That very question led to thousands of hours of research, study, soul-searching and prayer. It all came together as The 7 Essentials â “ 7 basic steps that are necessary for preventing and healing cancer, or any dis-ease for that matter. Chapter 1 â “ Why Do I Have Breast Cancer? Scientists have come to the conclusion that cancer is a preventable dis-ease that requires major lifestyle changes. Discover how to avoid the 7 Cancer Triggers that could possibly create cancer in your body. Chapter 2 â “ Essential # 1 â “ Let Food Be Your Medicine Stop feeding the cancer by avoiding the foods that â œfeedâ • the cancer. Increasing your consumption of specific vegetables, oils and low glycemic fruits can reduce your Breast Cancer risk by 60-70%. Find out which foods lead to inflammation and dis-ease while others turn on protective, anti-cancer genes. Experiment with a sample 7 day anti-cancer meal plan. Chapter 3 â “ Essential # 2 â “ Reduce Your Toxic Exposure Is it possible to escape the effects of the thousands of chemicals that you may be exposed to every day? There are clearly environmental links to Breast Cancer but there are specific steps that you can take to reduce your toxic exposure. Learn how to make conscious choices about the products you keep in your home, the cosmetics you apply and the internal toxins that are affecting your body. Chapter 4 â “ Essential # 3 â “ Balance Your Energy Our body is 1 billionth physical matter and the rest is all energy. Our body runs on an energetic and electrical system that can be measured with instrumentation. There are specific healing arts and therapeutic tools that can help bring the body to balance, ultimately strengthening and boosting the Immune System. Proper hormone balance and revitalizing sleep can activate cancer-protective genes and boost the Immune System. Chapter 5 â “ Essential # 4 â “ Heal Your Emotional Wounds In order to truly heal your body, you must heal your emotional wounds. Do you have the â œCancer Personalityâ •? If so, your responses to stress and how you cope with it are often learned behaviors. You can change those learned behaviors and the bio-chemistry of your body with your attitude and your thought patterns. Strengthen your â œhappiness muscleâ • with 8 specific steps. Chapter 6 â “ Essential # 5 â “ Embrace Biological Dentistry Metals in your teeth have the potential to increase estrogen signaling in breast tissue. These metallo-estrogens have been found in Breast Cancer tissue biopsies. Toxicities from root canals have been associated with most cancers. Learn how to take steps to detox these poisonous materials that may be compromising your Immune System and Meridian System. Chapter 7 â “

Essential # 6 â€“ “Repair Your Body with Therapeutic Plants” The United States National Library of Medicine has a data base of hundreds of thousands of citations and abstracts of bio-medical literature and journals giving evidence of the benefits of Natural Medicine. There are specific plant compounds that have been shown to kill cancer cells without harming healthy cells. Enjoy foods that detoxify carcinogens, inhibit tumor growth and even reduce the unpleasant side effects of chemotherapy. Chapter 8 â€“ “Essential # 7 â€“ “Adopt Very Early Detection” Would you be interested in technology and blood work that could potentially discover cancer on a small cellular level before it had a chance to develop into a large tumor?

## **Book Information**

Paperback: 298 pages

Publisher: TCKPublishing.com (April 6, 2014)

Language: English

ISBN-10: 1631619918

ISBN-13: 978-1631619915

Product Dimensions: 6 x 0.7 x 9 inches

Shipping Weight: 1.1 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 137 customer reviews

Best Sellers Rank: #144,603 in Books (See Top 100 in Books) #14 in Books > Textbooks > Medicine & Health Sciences > Nursing > Clinical > Oncology #32 in Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Breast Cancer #126 in Books > Health, Fitness & Dieting > Alternative Medicine > Naturopathy

## **Customer Reviews**

Dr. Véronique Desaulniers, better known as "Dr. V", has maintained successful practices in the Wellness Field since 1979. After graduating from Life Chiropractic College in Atlanta, GA, in 1979, she practiced in middle GA for 20 years, attracting patients from all over North America and as far as Europe and Africa. The last 10 years of her practice, she focused on Women's Wellness and Breast Cancer prevention. Because of her passion for health and wellness, Dr. V undertook extensive studies in various fields of "Energy Medicine". Specializing in Bio-Energetics, Meridian Stress Analysis, Homeopathy, Digital Thermography and Chiropractic, Dr. V brings a unique approach to Health and Wellness. After 30 years in active practice, she decided to "retire" and devote her time sharing her personal, non-toxic healing journey with Breast Cancer. Her years of experience and research culminated as "The 7 Essentials", a step by step coaching program for

preventing and healing Breast Cancer Naturally. Her web site and her personal healing journey have touched the lives of thousands of women around the globe. Learn more about Dr. V at <http://breastcancerconqueror.com>

Love this book, too. One of my favorite as well. Believe there is so much you can do in your own healing without the harsh and unnecessary treatments. Love this book along with The Radical Remission!

Wonderful and trustworthy information in Dr. V's book. I have heard her speak in a conference and have personally met her. She is a very caring and concerned doctor, and very knowledgeable on the subject of natural breast cancer cures.

This book contains excellent sources and guides to naturally over coming cancer. It gives hope that there are other options than strictly harsh chemo and radiation. I would recommend it to anyone interested in preventing or recovering from cancer.

Read it to help support my wife who has beat breast cancer so far for a year.

This book has some great content but you have to a critical thinker and know how to extract the information you need and how to apply. Very helpful. Loved it!

This is very easy to read. It has good information on preventative as well as Dr. Deasulniers describes the way to a healing journey (her description) for breast cancer. Her website also gives the opportunity to take a 7-day mini e-course. I found this to be a great book on breast cancer.

I am so happy I got this book which is very helpful teaching how to understand and how to fight cancer. I wish I had this book few years ago . I would recommend every women who dealing with breast cancer for your self or for your love ones. The best book is easy to follow and understand!

No new information. Concise, but I learned nothing new, unfortunately.

[Download to continue reading...](#)

Heal Breast Cancer Naturally: 7 Essential Steps to Beating Breast Cancer Outsmart Cancer: The Proven Cure For Beating Cancer With Healthy Nutrition And Vitamin B17 (Cancer,Cancer

Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention) Cancer: Coping With Cancer: Controlling and Understanding Emotions of Cancer (Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung Cancer,Cancer Diet,Preventing Cancer,Cancer Prevention,Cancer Cure) Cancer: Cancer Cure: Natural Cancer Cures And Chemo Alternatives (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention,Colon Cancer) Cancer: Cancer Prevention: Killing Cancer By Preventing It. Instantly Prevent Cancer (Cancer,Cancer Prevention,Cancer Cure,Coping With Cancer,Cancer Books,Breast ... Cancer,Leukemia,Colon Cancer,Skin Cancer) Cancer: Coping With Cancer: How To Cope When A Loved One Has Cancer Without Any Grieving (Cancer,Coping With Cancer,Cancer Books,Breast Cancer,Colon Cancer,Lung ... Cure,Prostate Cancer,Cancer Prevention) Alternative Cancer Therapies (Cancer,Cancer Cure,Cancer Diet,Coping With Cancer,Cancer Books,Breast Cancer,Lung Cancer,Cancer Prevention,Colon Cancer) (Alternative Medicine Book 1) Breast Cancer Prevention and Recovery: The Ultimate Guide to Healing, Recovery and Growth: prostate cancer, bone cancer, brain cancer, breast cancer, colorectal, ... cancer killers, cancer is not a disease,) Cancer: Taboo Cancer Cures 6 Impressive and Secret Cancer Cures that Most People do not know about (Cancer, Cancer Cures, Yoga, Cancer Treatments, Cancer Medicine, Cancer Patient Book 1) Restorative Yoga For Breast Cancer Recovery: Gentle Flowing Yoga For Breast Health, Breast Cancer Related Fatigue & Lymphedema Management The Cancer Cure Diet: The Complete Cookbook of 20 Cancer Diet Recipes That Work And Why (Cancer Cure, Cancer Nutrition and Healing, Cancer Prevention, ... Cancer Diet Guide, Cancer Recipe Books) Winning The Cancer Battle: Nutritional Help for Breast Cancer, Prostate Cancer, Intestinal Cancer, Vaginal Cancer, and Various Other Cancers Cancer Doesn't Always Win: A Comprehensive Guide to Beating Breast & Ovarian Cancer Breast Cancer Courageous - Prayer Journal: Biblical Affirmations for Breast Cancer Patients and Survivors The Breast Cancer Survival Manual, Fifth Edition: A Step-by-Step Guide for Women with Newly Diagnosed Breast Cancer Breast Cancer and Iodine : How to Prevent and How to Survive Breast Cancer How to Heal Cavities and Reverse Gum Disease Naturally: a science-based, proven plan to heal teeth and gums using nutrition, balancing the metabolism, and natural therapies such as oil pulling CANCER PREVENTION: Cancer Factors, Cancer Fighting Foods And How The Spices Turmeric, Ginger And Garlic Can Reduce Cancer Risk (Essential Spices and Herbs Book 4) A Cancer Battle Plan: Six Strategies for Beating Cancer, from a Recovered "Hopeless Case" Beating Cancer with Nutrition: Optimal Nutrition Can Improve Outcome inMedically-Treated Cancer Patients.

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)